

# *Time for Success*

*Strategies to Organize Time and Space*

## **Making Time for Success 2013!**

### **What is Making Time for Success?**

A one-hour call once a month to explore themes about how to **make** time for success

### **What does it cost?**

Nothing – It's free!

### **When are the calls?**

The sixth call this year is on **Thursday, July 25 at 2:30-3:30 p.m.** Pacific Time. The theme is **Setting Boundaries – How Setting and Keeping Boundaries Can Help You Take Back Your Time**. Brené Brown suggests that leaning into the discomfort of hard emotions is one step in the process of setting and keeping boundaries. We'll explore how boundaries help you handle the challenge of always having too much to do.

### **What are themes?**

A theme is the topic we explore during our interactive call. Here are the next themes for 2013:

- *The Power of the Pause – How Pausing Can Help You Take Back Your Time* (Tuesday, August 20 at 3:00 – 4:00 p.m. Pacific Time)
- *It's Habit Forming – How Habits Can Help You Take Back Your Time* (Tuesday, September 17, 2013 at 3:00 – 4:00 p.m. Pacific Time)
- *Facts vs. Stories – How Recognizing Your Facts vs. Your Stories Can Help You Take Back Your Time* (Tuesday, October 15, 2013 at 3:00 – 4:00 p.m. Pacific Time)

### **What is the format of the call?**

The facilitator, Kathie England, will provide an overview of the theme, introduce key strategies, and then open the call for questions, ideas, sharing, and creativity.

### **Who can join the call?**

Anyone who pre-registers via email at [kathie@timeforsuccess.net](mailto:kathie@timeforsuccess.net) (at least two days before the date of the call)

After you have registered, you'll receive the phone number and access code for the call plus the agenda and any other hand-outs used during the call.

### **Who will want to participate in the call?**

People who...

- ...want to be more successful
- ...aren't satisfied with the status quo, want to take action, and are ready for change
- ...are curious, creative, and enjoy exploring what's possible
- ...are intelligent and willing to take a risk now and then
- ...are looking for solutions and are energized by ideas
- ...are ready for adventure – who knows what we'll discover during the conversation?
- ...are engaged, open, and looking for opportunities to ask questions
- ...would like a safe playground to explore opportunities and incubate ideas

### **Who facilitates the call?**

Kathie England, Certified Organizer Coach® and Certified Professional Organizer®, president of Time for Success, Inc. launched in 2002.