

Making Time for Success 2013!

What is Making Time for Success?

A one-hour call once a month to explore themes about how to **make** time for success

What does it cost?

Nothing – It's free!

When are the calls?

The second call in the winter series is on **Friday, March 22 at 3:30-4:30 p.m. Pacific Time.** The theme for **March** is **Automatic Negative Thoughts (ANTs) – Are your ANTs holding you back?** This idea comes from Daniel Amen, M.D., who has discussed it frequently on public broadcasting.

What are themes?

A theme is the topic we explore during our interactive call. Here are the themes for the winter series:

- ◆ **Automatic Negative Thoughts (ANTs) – Are your ANTs holding you back? (March 22)**
- ◆ **Declutter Your Space – Is your clutter holding you back? (April 26)**
- ◆ **Procrastination – Is it holding you back? (February 22)**

What is the format of the call?

The facilitator, Kathie England, will provide a brief introduction to the theme and then open the call for questions, ideas, sharing, and creativity.

Who can join the call?

Anyone who pre-registers via email at kathie@timeforsuccess.net (at least two days before the date of the call)

Once you've registered, you'll receive the phone number and access code for the call.

Who will want to participate in the call?

People who...

- ...want to be more successful
- ...aren't satisfied with the status quo, want to take action, and are ready for change
- ...are curious, creative, and enjoy exploring what's possible
- ...are intelligent and willing to take a risk now and then
- ...are looking for solutions and are energized by ideas
- ...are ready for adventure – who knows what we'll discover during the conversation?
- ...are engaged, open, and looking for opportunities to ask questions
- ...would like a safe playground to explore opportunities and incubate ideas

Who facilitates the call?

Kathie England, Certified Organizer Coach® and Certified Professional Organizer®, president of Time for Success, Inc. launched in 2002.