

# Time for Success

*Strategies to Organize Time and Space*

## Making Time for Success November 2014: **What if...?**

### What is *Making Time for Success*?

A one-hour call once a month to explore themes about how to **make** time for success

### What does it cost?

Nothing – It's **FREE!**

### When are the calls?

The last call of 2014 is on **Thursday, November 20 at 3:00 – 4:00 p.m.** (Pacific Time).

The theme is **What if...?**

### **What if you successfully implemented any of the themes from 2014 into your life?**

### What is a theme?

Here are the themes we have explored this year:

- **Tips for Working Smarter, Parts 1 and 2** (10 tips suggested by David Rock, director of the Neuro Leadership Summit)
- **The Power of Your Checklist: Friend or Foe?** (inspired by Atul Gawande's best-seller, *The Checklist Manifesto*)
- **Mindset – The Power of Your Beliefs** (based on the book *Mindset, The Power of Your Beliefs* by Carol Dweck)
- **How Are Your ANTs Holding You Back?** (based on the Automatic Negative Thoughts described by Daniel Amen)
- **Best Practices for Habit Creation, Parts 1 and 2** (10 best practices suggested by Madelyn Griffith-Haynie, renowned ADHD coach)
- **8 Ways to Say "No"** (ideas proposed by Greg McKeown in his book *Essentialism, The Disciplined Pursuit of Less*)
- **The Happy Secret to Better Work** (based on the popular TED<sup>x</sup> Talk by Shawn Achor)

### What is the format of the call?

The facilitator, Kathie England, will invite participants to explore which themes could have the greatest impact on their lives.

### Who can join the call?

Anyone who pre-registers via email at [kathie@timeforsuccess.net](mailto:kathie@timeforsuccess.net) by Tuesday, November 18

### Who will want to participate in the call?

People who...

- ...want to be more successful
- ...aren't satisfied with the status quo, want to take action, and are ready for change
- ...are curious, creative, and enjoy exploring what's possible
- ...are intelligent and willing to take a risk now and then
- ...are looking for solutions and are energized by ideas
- ...are ready for adventure – who knows what we'll discover during the conversation?
- ...are engaged, open, and looking for opportunities to ask questions
- ...would like a safe playground to explore opportunities and incubate ideas

### Who facilitates the call?

Kathie England, Professional Certified Organizer Coach<sup>®</sup> and Certified Professional Organizer<sup>®</sup>, president of Time for Success, Inc. launched in 2002.