

Time for Success

Strategies to Organize Time and Space

Making Time for Success October 2014: *The Happy Secret to Better Work*

What is *Making Time for Success*?

A one-hour call once a month to explore themes about how to **make** time for success

What does it cost?

Nothing – It's **FREE!**

When are the calls?

The ninth call of 2014 is on **Thursday, October 23 at 3:30 – 4:30 p.m.** (Pacific Time).

The theme of *The Happy Secret to Better Work* comes from the TED^x Talk by Shawn Achor in May 2011.

The last call of 2014 will be on Thursday, November 20 at 3:00 – 4:00 p.m. (Pacific Time). The theme for November is **What if...?** During the last *Making Time for Success* call each year we review the themes discussed during the previous calls of the year.

What is a theme?

October's theme of *The Happy Secret to Better Work* explores research from positive psychology that shows how you can train your brain in just two minutes a day to increase your happiness and success.

http://www.ted.com/talks/lang/en/shawn_achor_the_happy_secret_to_better_work.html

Watch this TED Talk to prepare for our call.

Join this **FREE** call to learn how two minutes a day can rewire you brain for happiness and success.

What is the format of the call?

The facilitator, Kathie England, will provide an overview of the theme, introduce key strategies, and then open the call for questions, ideas, sharing, and creativity.

Who can join the call?

Anyone who pre-registers via email at kathie@timeforsuccess.net (at least two days before the date of the call). After you register, you'll receive the phone number and access code for the call plus the agenda and any other hand-outs used during the call.

Who will want to participate in the call?

People who...

- ...want to be more successful
- ...aren't satisfied with the status quo, want to take action, and are ready for change
- ...are curious, creative, and enjoy exploring what's possible
- ...are intelligent and willing to take a risk now and then
- ...are looking for solutions and are energized by ideas
- ...are ready for adventure – who knows what we'll discover during the conversation?
- ...are engaged, open, and looking for opportunities to ask questions
- ...would like a safe playground to explore opportunities and incubate ideas

Who facilitates the call?

Kathie England, Professional Certified Organizer Coach[®] and Certified Professional Organizer[®], president of Time for Success, Inc. launched in 2002.