

Time for Success

Strategies to Organize Time and Space

Making Time for Success 2013!

What is Making Time for Success?

A one-hour call once a month to explore themes about how to **make** time for success

What does it cost?

Nothing – It's FREE!

When are the calls?

The eighth call of 2013 is on **Tuesday, September 17 at 3:00 – 4:00 p.m.** (Pacific Time). The theme is ***It's Habit Forming – How Habits Can Help You Take Back Your Time***. What habits help you make good time choices? What habits steal your time? During this call we will explore how we create new habits, the value of keystone habits, and a little about developing your willpower muscle. *The Power of Habit* by Charles Duhigg provides powerful insights into all these areas (in case you'd like to get a jumpstart on this topic).

What are themes?

A theme is the topic we explore during our interactive call. Here are the remaining themes for 2013:

- *Facts vs. Stories – How Recognizing Your Facts vs. Your Stories Can Help You Take Back Your Time* (Tuesday, October 15, 2013 at 3:00 – 4:00 p.m. Pacific Time)
- *Your Willpower Muscle – How Developing Your Willpower Muscle Will Help You Take Back Your Time* (Monday, November 18 at 4:00 – 5:00 p.m. Pacific Time)

What is the format of the call?

The facilitator, Kathie England, will provide an overview of the theme, introduce key strategies, and then open the call for questions, ideas, sharing, and creativity.

Who can join the call?

Anyone who pre-registers via email at kathie@timeforsuccess.net (at least two days before the date of the call)

After you have registered, you'll receive the phone number and access code for the call plus the agenda and any other hand-outs used during the call.

Who will want to participate in the call?

People who...

- ...want to be more successful
- ...aren't satisfied with the status quo, want to take action, and are ready for change
- ...are curious, creative, and enjoy exploring what's possible
- ...are intelligent and willing to take a risk now and then
- ...are looking for solutions and are energized by ideas
- ...are ready for adventure – who knows what we'll discover during the conversation?
- ...are engaged, open, and looking for opportunities to ask questions
- ...would like a safe playground to explore opportunities and incubate ideas

Who facilitates the call?

Kathie England, Certified Organizer Coach® and Certified Professional Organizer®, president of Time for Success, Inc. launched in 2002.